

# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



## LIST OF DIFFICULTY ELEMENTS

**Age Group 1 / Age Group 2 / Senior**

IM / MP / IW / TR / GR

Competition Venue/Date: \_\_\_\_\_

Nation: \_\_\_\_\_ Competitor(s): \_\_\_\_\_

No	Elem. Group	Elem No.	Description of Elements	Floor Element	Shorthand Symbol	Value	Combination
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
<b>TOTAL</b>							